
CLASSES AND LEARNING OBJECTIVES

My Journey Through


Autoimmunity, 1 CE - Juanita Stocke

1. Describe the symptoms of Hashimoto's thyroiditis.
2. Explain the MTHFR mutations and how they can relate to autoimmunity.
3. Describe the vegetarian AIP.

How the Standard American Diet Changes Blood Values, 1 CE - Mary Matossian

1. Describe the 4 subtle signs of metabolic syndrome.
2. Describe how a high animal protein diet causes inflammation
3. Identify 3 diseases that are caused by the Standard American Diet.


Improve Blood Values Through Diet, 1 CE - Mary Matossian

1. Describe good carbohydrates and bad carbohydrates.
 2. Explain 3 challenges to changing our diet to WFPB.
 3. Discuss 5 benefits of transforming to a WFPB diet.
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My "Recovery" Protocol, 1 CE - Juanita Stocke

1. Identify what causes "leaky gut".
2. Describe how this protocol differs from the AIP.
3. Explain what the WHOLENESS acronym stands for.

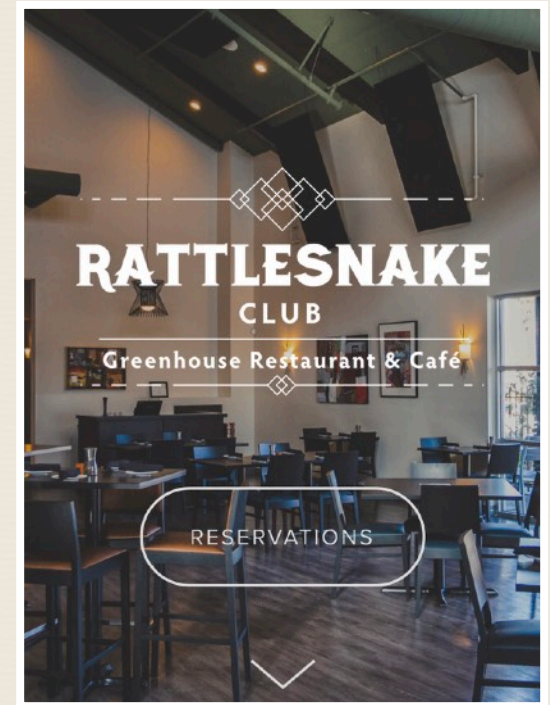
Understanding Constipation and Its Many Treatments, 1 CE - Harry Matossian, MD

1. Describe 4 causes of constipation and its origin.
 2. Explain how to evaluate the different causes of constipation.
 3. Determine a particular treatment of constipation based on its cause.
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If you would like to stay in a nearby hotel, the closest one is
The Peppermill
2707 South Virginia Street
Reno, NV 89502
(866) 821-9996

NVSSAMT
461 Scenic Ridge Dr
Reno, NV 89506-4726
(775) 771-8942
nvssamt@gmail.com
www.nvssamt.com

SEPTEMBER 24, 2021 NVSSAMT Fall Scientific & Business Meeting



This year the Nevada State Society
of American Medical
Technologists
Fall Scientific and Business
Meeting will be held at
The Rattlesnake Club
606 West Plumb Lane
Reno, NV 89509



Here is the link to Register:
https://www.americanmedtech.org/State-Societies/Nevada/Meetings-and-Events?_zs=ocxdl&_zl=PuOI2

Dr. Harry Matossian is a board-certified Gastroenterologist who served Lake and Mendocino counties in California since 1988. He graduated from Wesleyan University in Connecticut, then studied Chemistry and attended medical school at Penn State University. Dr. Matossian finished his medical residency at Georgetown University and did his Gastroenterology Fellowship at the University of Maryland in Baltimore. He opened the first Rural Clinic offering medical support to liver transplant patients in conjunction with California Pacific Medical Center in San Francisco. He continues to provide gastroenterology care at the VA Sierra Nevada Hospital here in Reno, Nevada.

Mary Matossian has a B.A. in Economics from Temple University, Philadelphia and a B.S.N. in Nursing from the University of San Francisco. She recently published a book, "I Love Bacon, but I Love Me More!" For years, Mary suffered from metabolic syndrome. In her search for healing, she accidentally discovered the whole food, plant-based diet. Mary is also a Food for Life instructor through the renowned PCRM—Physician's Committee for Responsible Medicine.

Juanita Stocke received her B.S. in Medical Technology from Union College, completing her internship at Hinsdale Sanitarium in Illinois. She is currently working at Tahoe Forest Hospital Laboratory in Truckee, California.

OUR PROGRAM

Member and non-member cost is \$35.00 and includes lunch
Online Pre-registration is required due to limited space — if unable to pre-register online, please email nvssamt@gmail.com to let us know you wish to attend

BEFORE September 17, 2021



8:00 - 8:20 am	Check in
8:45- 8:30 am	Welcome - Juanita Stocke, President, NVSSAMT
8:30 - 9:30 am	"My Journey Through Autoimmunity" - Juanita Stocke
9:30 - 9:40 am	Break
9:40 am - 10:40 am	"How the Standard American Diet Changes Blood Values" - Mary Matossian
10:40 - 10:50 pm	Break
10:50 - 11:40 pm	Business Meeting, Board Election
11:40 - 12:40 pm	Lunch.
12:40 - 1:40 pm	"Improve Blood Values Through Diet" - Mary Matossian
1:40 - 1:50 pm	Break
1:50 - 2:50 pm	"My Recovery Protocol" - Juanita Stocke
2:50 - 3:00 pm	Break
3:00 - 4:00 pm	"Understanding Constipation and Its Many Treatments" - Harry Matossian, M.D.

Preliminary program, subject to change.