

# DC, DE & MD STATE SOCIETY OF AMT CAPITAL EDITION

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## District Councillor's Message

Greetings and Happy Spring to everyone. Take a moment to reflect upon the members and friends of the AMT family who are with us in our hearts and minds.

As 2018 springs forward, plans should set the course for the coming state society and AMT National meetings. Set goals for a year of new experiences, ideas, and challenges that will promote growth. State Society Officers and Board Members; please pay attention to what is going on in healthcare and with our members. And in turn, AMT members should plan to attend and participate in the State Society and AMT National Meetings. Dates and places of the meetings are available on the AMT website under each State Society site. A successful outcome of the meetings takes teamwork. I encourage all members to refer often to the website for society e-blasts and meeting updates. Strengthen your network and education with additional credentials, continued education, participation, presentation, and by publishing articles.

Plan on attending the AMT Educational Program and National Meeting at

Washington, DC during July 1 to 5, 2018 at the Hyatt Regency Washington Hotel. Celebrate the 4th of July at Capitol Hill! If you haven't yet made hotel reservation, do so as soon as possible. Take advantage of the AMT Early Bird program registration before May 1st. Members have the option to register at the AMT website or by completing and submitting an available form found in the AMT magazines. Congratulations to all award recipients!!! Please refer to the AMT website for the details of the workshops, educational sessions, and for the scheduled AMT social events. Soon, all updates and information will also be available in the current AMT magazines.

The 2019 AMT Educational Program and National Meeting will be at Chicago. Hotel is still to be determined and further information will follow.

March 4 to 10, 2018 was the Dental Assistant Week of recognition. Everyone please recognize in celebration all Dental Assistants, for their continuous dedication with patient healthcare.

April 22 to 28, 2018 is Medical Laboratory Professional Week. Let us

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## District Councillor's Message from Page 1

join in celebration by recognizing the dedication of all lab professionals' partnership in patient quality healthcare.

Members continue to learn and sharpen your skills by attending and participating at the State Society and AMT meetings. If you discover something interesting along the way, research it and then offer to present at the next State Society Meeting to share your insight.

I hope to see you at the convention and remember to attend the state society meetings.

Best regards,  
Ivette Rivera, RMA,  
AHI, RPT (AMT)  
Eastern District Councillor



## Editor's Message

Please share your articles/news with us!

Robin Milner, MT President & Editor,  
DC, DE and MD SS of AMT

## President's Message



State Society Members,

Hello to All! I sure hope to find all of you doing well and looking forward to a safe and happy healthy spring and summer. Enjoy your family and friends over the holidays too! We want to ensure we send out

Our AMT's 80<sup>th</sup> National meeting will be in Washington, DC at the Hyatt Regency Washington on Capitol Hill, July 1 to 5, 2018.

Ensure you read our District Councillor's message as you will find some of our own state society members listed Plan now and I look forward to seeing you there!

**Congratulations to our state society award receivers!**

Reminder to our new members, keep tabs on YOUR CE's and ensure you are meeting your discipline requirements. Please visit the AMT website to enter and maintain YOUR account. This is YOUR RESPONSIBILITY!

**Also, we have a dedicated email address account just for our state society correspondences:**

[AMTDCDEMD@gmail.com](mailto:AMTDCDEMD@gmail.com)

**You can use it to communicate and or still email me directly. Share the gmail address with others who may have**

## President's Message From Page 3

**comments or questions for our state society or AMT.**

THANKS for your support!

*Robin Miliner, MT  
President/Editor, DC, DE & MD SS of  
AMT*

### **A New Shingles Vaccine for People 50 and Over**

Ketlard Borsiquot, RMA-AMT, BS-PHS

Did you know that Shingles, that is also called herpes zoster, is caused by the same virus that causes chicken pox? Anyone who had chicken pox as a child is susceptible to get the shingles as adult.

The Center for Disease Control and prevention (CDC) explained that “after you have chickenpox, the virus stays in your body, in a latent stage, and can cause shingles later in life”. Even though you cannot catch Shingles from another person, caution is recommended to anyone who never had chickenpox or chickenpox vaccine as they could get chickenpox from someone with shingles.

As prevention, a new shingles vaccine called Shingrix has been approved and recommended for adults aged 50 and older. This new vaccine consists of a series of 2 doses give 2 to 6 months apart. Even if you already had the live shingles vaccine (Zostavax), it is highly recommended to get the new vaccine (Shingrix) which has no live virus. Positively, most commercial insurance covers almost the entire cost of the vaccine. Please do take advantage of your covered benefits. For other people on Medicare, check

the pharmacy benefits to see what your Medicare plan covers.

As always, check with your provider to see if you are a candidate before getting the vaccine.

## National Medical Laboratory Professional Week April 22 - 28, 2018



Leslie Hasegawa, MT, DC, DE & MD SS, Secretary, celebrating with a few tokens of appreciation with some of his former colleagues at Malcom Grow Medical Center.



## DC, DE & MD STATE SOCIETY Bits & Pieces

- A Special Thanks to Debra Graber and Alexander Evangelista, Staff & Faculty, The Community College of Baltimore County for Presenting & Speaking at our spring meeting!
- 80<sup>th</sup> Educational & National Meeting will be at the Washington, D. C. at the Washington DC Hyatt Regency, July 1 – 5, 2018.
- Do not forget that hat, sunscreen and water; drink plenty of it!!! Yes, even during the winter.
- Summer Safety tips: go to [www.CDC.gov](http://www.CDC.gov) . Search Summer Safety
- At our SS fall meeting we will be having elections.
- Enjoy all of your Holiday's, Stay and Be Safe!
- CONGRATULATIONS to our recent members on passing your exams and especially for seeking out AMT as your certifying organization!
- To OUR State Society Medical Laboratory Professionals- "THANK YOU" for all you do!

## DC, DE & MD STATE SOCIETY Member Highlights

CONGRATULATIONS to all our family members on your achievements, upon your Graduations from your College, Technical Training, High School, Middle School, Elementary School or Pre-K Institutions!!!

## DC, DE & MD STATE SOCIETY Future Events

Dental Assistant Wk.....March 4-10, 2018  
DC, DE & MD SS Fall Mtng. ....Sept. 29, 2018  
NRMAW..... October 15-19, 2018

## AMT Educational Program & Meeting Future Events

- 80th Educational Program & Meeting Hyatt Regency Washington on Capitol Hill, July 1 -5, 2018

### Sightseeing Information:

Neighborhood- <https://washington.org/dc-neighborhoods/capitol-hill>  
Show Your Badge (Exclusive meeting attendee discounts)-  
<https://washington.org/syb>  
100 Free and almost free things to do-  
<https://washington.org/100-free-and-almost-free-things-do-dc>

- 81<sup>st</sup> Educational Program & Meeting 2019, will be in Chicago, IL

**Congratulations  
Graduate  
2018**

*from DC, DE & MD SS of AMT*

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