Exam Tips from People Who Passed

We asked our AMT members what they did to prepare and what worked for them and to share advice for success on an AMT certification exam. Here’s what they said.

### Study materials

- Purchase the extra study materials on the AMT website. Any updates to the exam will be reflected here!
- Build confidence, practice and pace yourself with one of those great AMT practice exams!
- Buy a review book for the test and take the tests after every chapter.
- Study from the Exam Content Outline, Exam Detail and Reference Material resources on the AMT website. They are free and tell you what content will be covered on the exam.
- Flash cards with sample questions, formulas and hard to remember tables worked for me!

### Study tips

- I had two study buddies and we reviewed flash cards over and over. We all passed!
- I took the practice exam, and focused my studies on the topics I got wrong.
- Find the answers to the practice exam questions in your textbook and highlight them. Read over the highlighted areas so you understand the concepts. Good Luck!
- If you’re just finishing school, take the exam as soon as you can while everything is fresh in your head, don’t wait!
- If you find yourself getting frustrated, take a break from studying.
- I studied in intervals so I didn’t get overloaded.

### Before the exam

- Eat a healthy meal, get a good night’s rest, and tell yourself this is what you prepared for. You got this!
- The night before your exam don’t study, just rest and relax. Take a long, hot bath or shower and go to bed at a decent hour.
- Eat healthy, protein packed meals the day of your exam.
- Don’t cram the morning of the exam.
- Don’t doubt yourself! Remember that you’ve made it this far and you’re doing great!

### During the exam

- Focus and concentrate on the exam, it’s the most important thing that day!
- Before beginning, I wrote everything I could remember on the scrap paper. I referred back to it later in the exam.
- Take your time, block out the rest of the room and read each question carefully!
- Don’t spend too much time on one question. If you aren’t sure, mark an answer and flag question so you can go back to it.
- Use the process of elimination to get rid of the answers that make no sense, and then go with your first instinct. It’s usually right.
- I took the whole time available to me!