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# AMT EVENTS

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*Official publication of*



**AMT**

American Medical Technologists

*Certifying Excellence in Allied Health*

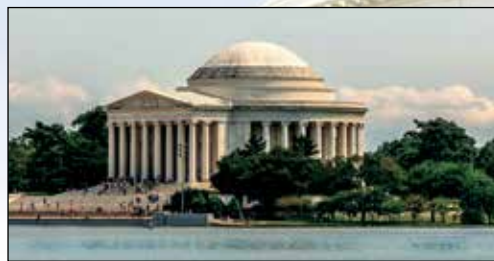


# Mark your calendar – AMT in Washington, DC

July 1-5, 2018

## 80th Educational Program and National Meeting

Hyatt Regency Washington on Capitol Hill is conveniently situated two blocks from the U.S. Capitol and close to D.C.'s most popular historic, cultural, dining, and entertainment venues. Dulles Int'l Airport is 35 minutes away; Reagan National Airport is 10 minutes away. It is a short distance from Union Station.



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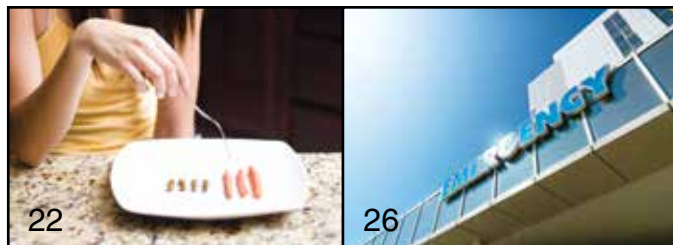
# AMT EVENTS



AMT  
American Medical Technologists  
Certifying Excellence in Allied Health

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### AMT — A National Certification Agency

American Medical Technologists (AMT), established in 1939, is a national, non-profit certification agency for: Medical Technologist, MT®; Medical Laboratory Technician, MLT®; Registered Medical Assistant, RMA; Registered Dental Assistant, RDA; Certified Medical Laboratory Assistant, CMLA; Registered Phlebotomy Technician, RPT; Certified Laboratory Consultant, CLC; Certified Allied Health Instructor, CAHI; Certified Medical Administrative Specialist, CMAS

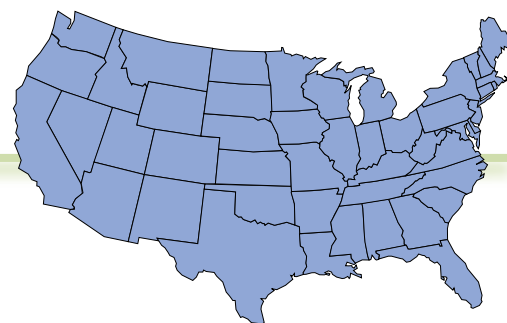
For information on qualifications necessary for each certification, contact:  
AMT, 10700 Higgins Rd., Suite 150, Rosemont, IL 60018—Phone: 847/823-5169.

#### MEMBER:

Institute for Credentialing Excellence/National Commission for Certifying Agencies  
Clinical and Laboratory Standards Institute



# state societies



## SCIENTIFIC MEETINGS

Alabama	4/14/2018	Bayou La Batre, LA
Arizona	4/28	Flagstaff, AZ
California	5/19/2018	Anaheim, CA
CASMET	10/19-20/2018	Gulfport, MS
Central Plains (KS/NE)	4/11/2018	Wichita, KS
Delaware/DC/Maryland	3/10/18	Beltsville, MD
Florida	3/17/2018	Orlando, FL
Georgia	4/7/2018	McDonough, GA
Illinois	10/5-6/2018	West Chester, OH
Indiana	10/5-6/2018	West Chester, OH
Iowa	10/5-6/2018	West Chester, OH
Kentucky	4/28/2018	Bowling Green, KY
Louisiana	10/19-20/2018	Gulfport, MS
Maine/New Hampshire	10/16-18/2018	Portland, ME
Michigan	4/13/2018	Grand Rapids, MI
Minnesota	4/23-25/2018	Brooklyn Center, MN
Mississippi	10/19-20/2018	Gulfport, MS
Missouri	4/13-14/2018	Kansas City, MO
Nevada	9/14/2018	Reno, NV
New Mexico	4/1/2018	Albuquerque, NM
New York	5/5/2018	Flushing, NY
North Carolina	3/22-24/2018	Greensboro, NC
Ohio	4/14/2018	Maumee, OH
Pennsylvania	5/6-7/2018	Harrisburg, PA
Rocky Mountain	4/14/2018	Worland, WY
South Carolina	3/22-24/2018	Greensboro, NC
Tennessee	10/19-20/2018	Gulfport, MS
Texas	5/4-5, 2018	McKinney, TX
Utah	3/17/2018	Salt Lake City, UT
Virginia	10/19-20/2018	Gulfport, MS
West Virginia	4/18/2018	Fairmont, WV
Wisconsin	10/5-6/2018	West Chester, OH

*Magnolia Educational Treasures "Finding Educational Treasures in the Gulf," October 19-20, 2018, Gulfport, MS*

*Great Lakes District Conference  
October 5-6, 2018, West Chester, OH*

## *In Memoriam*

**Madlyn L. Almond**, MT, Albia, IA, certified in 1958, died Feb. 14, 2018

**Patricia L. Brethouwer**, MT, Albuquerque, NM, certified in 1958, DOD unknown

**Janet B. Brown**, MT, Altoona, IA, certified in 1955, DOD unknown

**Maxine Hildebrand**, MT, Hampton, IA, certified in 1945, died Oct. 12, 2017

**Henry Lee Jablonowski**, MT, Hewitt, TX, certified in 1958, died in 2013

**Patricia I. Novakoski**, RMA, Marne, MI, certified in 1994, died May 12, 2017

**Lolita Powao**, MT, San Antonio, TX, certified in 1976, died July 22, 2017

**Judith Ann Ryan**, MT, Guild, NH, certified in 1991, DOD unknown

**Duane Sorrell**, MT, Wauseon, OH, certified in 1960, died Feb. 15, 2018

**Jerry Dale Stephenson**, MT, Frankfort, KY, certified in 1970, DOD unknown

**Lloyd G. Verran**, MT, Garner, NC, certified in 1958, died in 2009

# Eating Disorders

by Sol. Goldenberg  
RMA(AMT), FRCGP, M.  
Sc.(Addictive Behavior),  
MBA

“  
*It is important for  
the therapist to  
explore the young  
person's relationship  
with food...*

Jo-Ann was brought in by her mother because of weight loss, changed eating habits and amenorrhea for six months. Jo-Ann had started her menstrual periods at the age of 11 years. She was now 14 years old. She refused to get on the scale when the medical assistant asked her to do so, because she was afraid she had put on weight. She was examined by the physician who diagnosed Anorexia Nervosa.

Eating disorders are common among adolescent girls, although they can occur in boys, young men and women. If ignored, they can lead to fatal outcomes. Incidence rates of eating disorders in UK primary care among 10-49 years have increased from 32.3 per 100,2000 in 2000 to 37.2 per 100,000 in 2009 (1). A recent Dutch study found a lifetime prevalence among 19 year old women of 5.7% and 1.2% in men (1). In the U.S., there is a lifetime prevalence of 0.6% (0.9% in females and 0.3% in males (2).

Clinicians make a diagnosis of possible eating disorders on clinical history of change in weight (increase or decrease), preoccupation with shape or weight, skipping meals or binge eating, vomiting, mood changes, loss of periods in adolescent girls. Eating disorders are associated with mental disorders such as depression, obsessive compulsive disorder, alcohol and drug misuse or dependence. Differential diagnosis include dia-

betes, hyperthyroidism, celiac disease and malignancies.

## Anorexia nervosa

The patient may see herself (or himself) as overweight, but may be dangerously underweight. She (or he) will restrict the amount of food eaten and may decide she is vegetarian. Anorexia nervosa has a high mortality rate due to starvation and in females, suicide is more common than other mental disorders. The symptoms include:

- Extreme restricted eating
- Extreme emaciation
- Fear of gaining weight
- Distorted body image
- Brittle hair and nails,
- Fine hair all over the body – “lanugo”
- Lethargy and feeling tired all the time
- Amenorrhea and infertility
- Severe constipation

On examination, the patient may be suffering with low blood pressure, mild anemia, osteopenia, muscle wasting, heart problems, brain damage and eventually multiorgan failure. Tooth decay and parotid gland swelling may also be present (1).

## Bulimia nervosa

Patients with bulimia nervosa eat large amounts of food followed by forced vomiting. Bulimia nervosa involves binge eating with compensatory behaviors such as weight

# “All Certification Exams are Basically the Same, Right?”

*AMT Executive Director Christopher Damon gave a presentation at the ABHES Annual Conference at Caesar’s Palace, Las Vegas, on March 1, 2018, entitled “All Certification Exams are Basically the Same, Right? How do you choose?” This is a transcription of his introductory remarks prior to his prepared PowerPoint presentation. (He was introduced by ABHES Commissioner Christallia Starks, Regional Staff Development Educator at Perioperative Services of Baptist Health System, San Antonio)*



**Christopher A. Damon, J. D.,  
Executive Director**

Thank you, Christallia, for that introduction. Before we begin the PowerPoint, a couple of comments. First, the title of this presentation presupposes that there IS in fact a choice of certification bodies for a particular profession. But there are some allied health professions where there is no real choice. In those professions, there is only one certification entity; they are the only one to go to. Usually these certification boards are well-entrenched and are tied-in to particular programmatic accrediting bodies and often tied in with state licensure. There is no real choice in these cases. So what we’re talking about in this session is those situations where schools, employers, and individuals ARE confronted with a choice of different certification entities.

Now, for some historical perspective. Twenty or so years ago, a session with this kind of title – choosing a certification agency – would not even have been a matter for discussion. Certification boards, accreditation bodies, and schools, were closely linked and neatly divided with walls between them. Some remnants of those walls still exist today but they are like the ruins of ancient Rome continuing to exist years after the structures have crumbled. For example, years ago, community college health programs would seek programmatic accredi-

tation by CAAHEP, and have their students certified by a certification board that would only allow graduates of CAAHEP-accredited programs to sit the certification exam immediately upon graduation. Proprietary schools would get accredited by ABHES, and have their students certified by a certification board that gave preference to ABHES graduates over all others. Life was simple then. But since that times the walls have come crumbling down and there are more and different accreditors and more and different certifying bodies and they’re all interacting with each other with increasing mutual acceptance.

How did we get to this point of multiple certification bodies? While certification and accreditation have certain characteristics in common, indeed the words themselves are sometimes used in confusingly conflicting ways, and while they do both broadly involve publicly recognizing either an institution or an individual for meeting national standards, they are different of course in many other ways. One difference is that educational accrediting bodies typically require some form of official approval whether from the US Department of Education or CHEA. Certification bodies, on the other hand, require no approval at all to operate. Literally anyone can setup some-