2014 - 2015 OFFICERS AND BOARD MEMBERS

2014 MOSSAMT OFFICERS AND BOARD MEMBERS

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CIRCULATION

An issue of this journal is received by more than 2000 members of the MOSSAMT, the National Board of Directors, all state Presidents, Editors and Advertisers. Advertising rates for the Missouri State Journal are as follows:

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Make checks payable to the Missouri State Society of the American Medical Technologist (MOSSAMT) and sent with your advertisement to the Editor.

PUBLICATION NOTES

This journal is published under the sponsorship of the Missouri State Society of American Medical Technologists. The views and opinions which are expressed herein are those of the authors and do not necessarily reflect those of the Editor of the MOSSAMT. The Editor reserves the right to accept, reflect, or revise any article submitted for publication.

COPY DEADLINES:  FEBRUARY 1   AUGUST 1
PUBLICATION DATES: MARCH 15   SEPTEMBER 15

Remember: All information to be included in the Journal must be in the Editor’s hands by the copy deadline dates listed above. Any information received after that date may be published in the next issue.
Spring 2014 PRESIDENT’S LETTER

*****************************************************************************

The Spring Meeting will be held at the Quality Inn, in Hannibal, Missouri on April 5, 2014. I look forward to seeing all of you at the spring meeting and hope to see several new members. Remember registration is free for all active students. Active members can earn continuing educations credits. The spring meeting we are trying something new by offering CPR for Healthcare Providers training for the afternoon sessions. Please register early to renew your CPR so your CPR card will be available the day of the meeting. Any late registration will have their CPR cards mailed to them following the meeting.

The 76th Educational Program and National Meeting will be held in Chicago Illinois on July 6-11, 2014 at the Drake Hotel. I would like to encourage all Missouri members to attend the national conference and have a huge Missouri showing. The Drake Hotel is located at 140 East Walton Place, and the rooms will cost $125.00 plus tax. The 77th Education Program and National Meeting Will be held in Hawaii in June 2015.

The Fall 2014 Meeting will be held October 4, 2014 in St. Charles, Missouri. Look for more information for the upcoming meetings on the MOSSAMT website this summer.

If any of our members have suggestions on topics they would like to learn more about, or if you would like to host a meeting at your place of employment/school, please contact me with this information. If you know someone wants to present at our meetings let me know that as well. I look forward to hearing from our members. You can contact me at smithfam1997@sbcglobal.net

Thanks,

Alberta Smith, RMA, AHI, MSTD

MOSSAMT President
AMT is 75 years old. Welcome as we celebrate this accomplishment together. If our AMT founders could see us now; I wonder what their thoughts would be. First of all I think they would be “staggered” at the Technological changes that have taken place. We have come a long ways in that area, as we who have been in the field a long time can also attest to. But most of all, I think they would be blown away with how AMT has grown in membership.

I urge all who are reading my spring 2014 message to gather in Chicago at our National Convention. It is scheduled to take place in July from the 6 to the 11 at the Drake Hotel. The room rates are only $125.00 per day. Help us celebrate this important milestone in AMT. You will meet a lot of great people who are friends of mine and will soon become your friends. You will obtain the needed CEU’s for recertification. Then we will continue our birthday celebration by attending each of your local respective State Society meetings when they are scheduled.

So excited to tell you as you probably already know where our 2015 National Convention will take place. Drum roll, please. It will be in June from the 21st to the 26 on the big island in Hawaii. Start planning to attend this convention, I think it will be a most memorable 5 days. Watch for more to come about this fantastic meeting.

I would also like to extend a personal invitation to all of you to join me in Gatlinburg TN, for the Magnolia Conference. It is scheduled to take place on Oct. 17th and 18th. Watch your AMT publication and Websites for more information about this meeting.

I look forward to visiting with you at your perspective states throughout the year. I will let you know which states I will be able to travel to.

Until then be blessed and safe and enjoy being a part of our 75 year old organization.

Respectfully,

Randy Swopes, MT, AMT
Central District Councillor

Missouri State Society of the American Medical Technologist would like to extend a big thank you to Wichita Technical Institute in Joplin, Missouri. MOSSAMT held their fall meeting at the campus on October 5, 2013. The campus was beautiful and the staff and faculty were more than hospitable. The staff and faculty had a conference room setup for the meeting and provided a great continental breakfast.

The Chamber of Commerce was scheduled to speak to the members about Joplin and how they survived the EF 5 Tornado that struck the town on May 22, 2011. Unfortunately, the gentleman that was supposed to speak became ill and was unable to make the meeting. Mr. Steven Gillmore, along with the assistance of the faculty, took over the session and provided the group with an outstanding overview of devastation that hit their town, students, family, and friends. Mr. Gillmore explained the damage to the town and how the citizens pulled together to overcome such a devastation and build Joplin back better, stronger, and faster than expected. MOSSAMT would like to thank WTI for hosting the meeting and providing a great experience to our members.
MISSOURI STATE BASKET

Ever year the state of Missouri puts a state basket together that is used in a raffle the night of the welcome party at the National Convention. Usually this basket is put together by a few members from our state, and we would like to get more members involved. SO, if you would bring something to the SPRING meeting that represents the Great State of Missouri, we can truly have a basket from all the Missouri members. The product can be home made, but must last until July when the basket is presented, made in Missouri, or something that represents our Great State, such as a book about Missouri, or Missourians. Please make sure that whatever you bring is shippable, as the state pays for the winner to get it to their home. If you attend the national meeting, YOU COULD WIN ONE, just like Debbie did in Pennsylvania 2013.

So please HELP WITH THE STATE BASKET OF 2014 In Chicago, IL.
The New Year has begun, and I hope it finds all of you doing well. I hope your Christmas was blessed and happy.

This New Year looks to be an exciting one, with lots to attend, socialize, and learn. There are Three meetings planned that all Missouri members can and should attend. There will be two meetings here in Missouri, one in April, and the other in October. The National meeting this year will be in Chicago, IL, a short plane or train ride away.

This journal will have meeting information, how to help with the National State Basket, articles, pictures of this past Fall meeting, (due to techno difficulties, like I forgot the camera, no pics this time, but look for lots in the Fall journal, or on the web site) and more.

There will be questions at the meeting. The answers are in the journal, so read, and come prepared.

The first meeting will be this April the 5th, 2014 in Hannibal, MO. The hotel is the Quality Inn & Suites, and there is a block of rooms, look for more information inside the journal.

The second Meeting will be in Chicago, IL for the National Convention. This will be held July 7 – 10, 2014. You can also find information on the meeting in this journal, or go to www.americanmedtech.org for more information.

The third meeting will be in St. Charles, MO for our fall meeting. St. Charges will also be having the October Fest at the same time. This will take place October 4, 2014.

All of these meeting will be great, and I hope to see you all at all three this year.

The next big National meeting in 2015 will be June 21 – 26, 2015 in Hapuna Beach Prince Hotel, in Kohala Coast, Hawaii

God Bless you all;

Donna Nelson, RMA, CPC
Missouri State Editor
SPRING MEETING IS HERE SO LETS HAVE SOME FUN!!

When: Saturday APRIL 5, 2014 7AM – 3:30PM

Located At: Quality Inn & Suites
120 Lindsey Drive
Hannibal, MO 63401
(417) 624-7800
(Directions and Hotel Reservations)

Agenda:

7:30-8:00am Registration
8:00-9:30am To Be Announced
9:30-9:45am Break
9:45-11:15am To Be Announced
11:15-12:15 LUNCH, provided (MOSSAMT General Meeting)
12:15-3:30pm CPR Recertification with recertification card
3:30pm END

**********Program, Lectures, and Times, Subject to Change**********
Pre-Registration Form
For Spring Meeting
Saturday, April 5, 2014
AT:
Quality Inn & Suites
120 Lindsey Drive
Hannibal, MO 63401
(573) 221-4001

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Please mail a copy of this form with your payment:

Name: ___________________________________________________________

Discipline: _______________________________________________________

Address: _______________________________________________________________________

Phone number: ___________________________________________________________________

E-mail: ________________________________________________________________________

Send your pre-registration forms to Alberta Smith,
By: 03/30/2014

Make checks payable to MOSSAMT and Mail to:

Alberta Smith
1997 Ridgeway
Arnold, MO 63010
HOTEL ROOMS FOR THE SPRING MEETING

Hotel Reservations
Quality Inn & Suites
120 Lindsey Drive
Hannibal, MO 63401
573-221-4011
Room Rate $85.00 + tax per night

Reservation must be made by March 4, 2014

Hotel Amenities:
- Hot Breakfast
- Indoor swimming pool
- Internet
- Pet Friendly
- Work Out Center
Chicago, Illinois
Find activities no matter what your budget:
- Soar to the top of the Willis Tower
- Go to a Cubs or Sox game
- Get cultured at the famed Art Institute
- Shop the Magnificent Mile
- See renowned Chicago architecture from the Chicago River on a boat cruise
- Walk the beach at Oak Street (near the convention hotel)

Chicago has something for everyone and anyone:
- Second City – famed comic training ground
- The Signature Lounge – drink and see the view from the 95th floor of the John Hancock Tower
- Shedd Aquarium, Adler Planetarium, Field Museum, Museum of Science & Industry
- Chicago-style pizza and hot dogs

FEATURES:
Located on Chicago’s “Gold Coast” and “Magnificent Mile,” an area known for its affluent status. The prestige and reputation of the Gold Coast has continued over the last century and remains today. The Magnificent Mile is the shopping hub of Chicago.
- The Drake was selected as the mark of excellence by Successful Meetings magazine, and readers of Meeting News awarded the Drake the honor of Excellence in Meeting and Service facilities.
- Each guestroom has a coffeemaker, iron and ironing board, hair dryer.
- Located near many shops and restaurants and adjacent to Oak Street Beach on Lake Michigan.
- AMT attendees will get a 20% discount at the Drake’s restaurants Drake Bros. Deli, and Coq D’or.

The Drake Hotel
140 East Walton Place
Chicago, IL 60611
Phone 312.787.2200
Toll-free reservations 800.553.7253
Make hotel reservations
Website: www.thedrakehotel.com

AMT Convention room rate: $125.00 plus 16.4% taxes (rate valid from July 4 to July 11, 2014)
C O O K ’ S C O R N E R
(Recipe from MOSSAMT Cook Book)

The All New Basic Soup

5 medium carrots, peeled and cut into 1” slices
3 medium celery stocks, sliced
1 large garlic clove, minced
1 small head Savory cabbage (about 11/2 lbs.) thinly sliced
2 medium parsnips, peeled and cut into 1” sticks
2 5oz pkg. baby spinach leaves

3 large onions, chopped, or
3 medium leeks, cut into 1” slices
½ c. chopped fresh parsley
2 chicken flavor bouillon cubes
2 cans (28oz) tomatoes in juice
½ tsp. freshly ground pepper
1 tsp. salt

Coat 8-quart saucepan with nonstick cooking spray. Over medium heat, add carrots, celery, onion and garlic. Cook 5 minutes.

Stir in tomatoes with their juice, breaking up tomatoes with the side of a spoon. Add cabbage and remaining ingredients. Add 12 cups of water. Heating to a boil over high heat, stirring occasionally, until vegetables are tender, but not too soft.

To retain freshness and nutrients, keep a 2 day supply of basic soup in the refrigerator. Store remaining soup in 3 cup portions in an airtight containers, leaving some space to allow for expansion, and freeze.

To reheat frozen soup:

Microwave - Loosen lid on container, 8 to 12 minutes on high.

Stove Top – Place container under running cold water to loosen frozen soup from sides. Heat frozen soup in covered saucepan over low heat about 3 minutes until soup begins to thaw. Increase heat to medium, heat about 15 minutes longer until heated through, stirring occasionally.

Recipe submitted by:
Althea Tasco, RMA
Canon, MO

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FUN FACTS ABOUT HANNIBAL, MO

Mark Twain's first job was as a typesetter for the Missouri Courier newspaper in Hannibal.

Hannibal got its name from Hannibal Creek, a name given to the present Bear Creek by Don Antonio Soulard, for the Spanish government. Hannibal, of course, was the name of an historic Carthagenian General.

In 1830, the population was 30. When Hannibal became chartered as a city in 1845, James Brady became the first mayor, and the city grew to 2020 people by 1850.
JOB PLACE STRESS

I could write about statistics that could be found on any internet search, such as these that I found:

52% of employees have made decisions about their career, such as finding a new job, turning down a promotion, or just quitting, due to workplace stress.

41% state that they feel tense or stressed out at their workplace.

51% state that they have decreased productivity due to stress.

But this is not the purpose of this article. This article will speak about a very specific workplace stress that accrues, but is not often discussed. This is a generational gap between employees. At my place of employment, we have ages that range from the early 20s to the late 50s, and every decade in between. The younger group does not understand the humor, references, or many quotes used by the older group, and yes I am part of the older group. On the same hand, the older group does not understand the humor, references, or quotes of the younger group, so what should be done to help relief some of the differences.

I have found that what is meant in fun by the older group, the younger group takes as an attack on them, or a “put down.” The older does not understand the humor of the young, and takes it as the younger be “smartelics.”

We, the older, need to remember that we were once in the younger group. We need to try and remember what it felt like to be the “baby” of the group.

The younger group needs to remember that we, the older, have been at this for a long time, some 20 years or more, and, the older, would be willing to share our knowledge, if you, the young, are willing to except.

We, the older, also needs to remember that those, younger ones, are also professionals, and should be treated as such.

Will this solve all the generational stress at work, probably not, be the first step is always to admit that there is problem, and it will take all the employees to work on it.

Sometimes it takes the, older group, to be a little more tolerable, and the, younger group, to listen a little more. The, older group, needs to remember they are not the, younger group, parents, and needs to try and treat them as adults.

This is an ongoing problem that will always be around and more so since more seniors are working later in life, but this is a problem that can and should be worked on. The older group can learn from the younger group, and the younger group can learn from the older group. It comes down to “working together” to get the best job done, not just for our patients, but also for a better workplace. A “stress free” workplace.

Thanks for listening;

Donna Nelson, RMA
MEETINGS TO LOOK FOR:

MOSSAMT SPRING MEETING
APRIL 5, 2014
HANNIBAL, MISSOURI

AMT 76th Educational Program & National Meeting
July 6 – 11, 2014
Chicago, Illinois
The Drake Hotel
140 East Walton Place, Chicago, IL 60611
(312) 787-2200

MOSSANT FALL MEETING
OCTOBER 4, 2014
ST. CHARLES, MO

AMT 77TH Educational Program & National Meeting
June 21 – 25, 2015
Kohala Coast, Hawaii
Hapuna Beach Prince Hotel