

AMT Member Spotlight

Aubrey Wiggins, RMA

AMT member and Registered Medical Assistant Aubrey Wiggins always brings an infectious positive attitude to Inland Family Care, a primary care practice of Inland Hospital in Waterville, Maine.

Aubrey says that caring for her daughter inspired her to do something to help others. In her studies at Northeast Technical Institute, Aubrey's instructors remember her as determined, creative and dependable.

At Inland Family Care, Aubrey sees anywhere from 25 to 35 patients a day. She works hard to get to know each patient beyond the words on their medical chart.

Aubrey appreciates her coworkers, and says that even on the most stressful days, together as a team they work through every issue to provide the best and most efficient care. Their weekly staff meetings allow room for discussion, an important part of staff development and cohesiveness.

AMT has provided Aubrey with the leadership and education opportunities to become a valuable asset to the team.

Aubrey also values Inland Hospital's commitment to the community, and the organization's efforts to fight childhood obesity. Each month, the hospital hosts a Family Fun Series event that brings families together to try new activities like snowshoeing to stay active and healthy. Staff participate in the events as a great way to connect with the community and their patients. Inland staff also lead grocery store tours that help families identify healthy foods and how to prepare them.



Certified: Knowledgeable

"Being an RMA is such a rewarding job," says Aubrey. "Seeing someone's life improve and being part of that change is incredible."

AMT has provided Aubrey with the leadership and education opportunities to become a valuable asset to the Inland team. AMT certification confirms what people know about Aubrey: She is highly qualified and **knowledgeable**. When Aubrey is not working, she plays in a community band and directs the children's choir at her church.

Aubrey was nominated for the AMT National Medical Assistant Week 2015 by her former Clinical Medical Instructor Wendell J. Scott, CCMA AHI, and by Northeast Technical Institute Campus Director Nicole Bouchard.



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